



## Yields, Content, Process and Context (YCPC) analysis for Life & Career Review (L&CR) Self-Review, 1302.

The sections below are not water tight. That is, each question could be in one section or another. They do reflect what we think it is important to consider when evaluating the value of an L&CR and your performance in handling the assignment. We expect that the feedback gleaned from your completion of this review form will help us support you and help us tweak our delivery designs. Thanks.

Wherever you see a quality assessment (6 buttons right to left) the extreme buttons indicate the width of the quality choices. Use the in-between buttons to refine your assessment.

**\*Required**

**Your Name\***

Simha Bode

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### Questions around the YIELDS of your L&CR

#### **ePortfolio Beginnings \***

There are several minor elements of your ePortfolio that should have been attempted - check the ones you completed

Introduction	Supporting Evidence
Goals	
Body	
Resume	
Process Reflection	

#### **ePortfolio Development (Résumé) \***

Check the Résumé elements you have worked on

Livelihood History	I decided to keep my goals and skills for my LIPD
Personal Information	
Unlearnings/Learnings	
Contact Information	
Certifications	

**ePortfolio Development (L&CR pages, Journal) \***

More content elements for the L&CR. Check the elements you have made

- |              |                                    |
|--------------|------------------------------------|
| L&CR Extras  | Daily reflection / Journal Entry   |
|              | Connectivity / Image of work place |
| Introduction | Life Movements (timeline)          |
|              | Goal Articulation/function         |

**L&CR Qualities - Design and Style \***

How pleased are you with the design and style of your pages?

1   2   3   4   5   6

Delighted

Much room for improvement

**L&CR Qualities - Navigation \***

How easy is it to navigate around your L&CR (Table of Contents, Tabs, etc.)

1   2   3   4   5   6

Absolutely clear

Hard if you don't already know where things are

**Quality of Reflections (in journal) - Insights into un/learning derived from OP1a \***

1   2   3   4   5   6

Incisive, thorough

Weak, minimalist

**Quality of Reflections (in journal) - Value of discussion of choices made when deciding how to do OP1a \***

1   2   3   4   5   6

Incisive, thorough

Weak, minimalist

**Quality of Reflections (in journal) - Depth of analysis around what went well and the challenges experienced \***

1   2   3   4   5   6

Profound

Minimalist

**Use the box below to add some words about the shapes and patterns revealed in your L&CR and the strongest un/learning for you** (to create paragraphs in the box, you must use a Carriage Return: Cmd/Opt/return (Mac) or Alt/Enter (PC)) \*

A pattern I have recognized is that when I don't have a 'formatted space' to work within, (or I don't understand the space like with Mahara) it is hard for me to realize structure and content. I am a visual oriented learner. I also recognized how little we actually consciously remember about our lives, so many forgotten experiences and this is why documentation and reflection are so important. Documentation is a back-up and reflection is the exercise of keeping those memories alive.

My lack of organization and inefficiency with documentation forced me to restructure many things from online data/bookmarks to my desktop, hard drive and external drives. Creating specific folders backing them up and properly labeling documents has helped. I also realize my technology is limiting me, especially my tiny tiny screen and 32 GB HD.

The use of time management through daily goals and scrums/pauses was a good learning experience. Overall I am pleased! I did leave out some important stories but I have noted some of them within different fields of the OP and will tell them eventually.

**Open question - are there other yields and benefits that you derived from doing OP1a**

Don't feel obliged to add anything here if it is not useful for you to do so (to create paragraphs in the box, you must use a Carriage Return: Cmd/Opt/return (Mac) or Alt/Enter (PC))

My reflection on this L&CR's yields is still young.

## Questions relating particularly to the CONTENT of your L&CR

### Valid use of and references to offered tools, models and common languages \*

We have passed by several tools, models and languages during the online program so far - check any you have used or referenced for this OP

MTMP - daily goals	
- scum/pauses	
Mind mapping	Pushing through beginners crunch (Mahara learning curve)
Disruptive design	Competence & Attention
Support Network	Meeting with advisor and guild buddies (Think and Listen)
Stacking	Reconstruction-Expansion
Loading	Patterns
Review Cycle (daily)	Memes

### Design tools for choosing stories \*

Part of our discussions have been around how to choose stories - some specific ideas were floated - check those that you considered and used

First thought	Get it Down then get it good
Threads of Continuity	Stacking
Journaling	Daily Goal list and reflection
Critical Incidents	Transitions

### Other design tools that you brought to the table

You were encouraged to be free using design tools - describe in the box below your choices if these are not reflected in the question above (to create paragraphs in the box, you must use a Carriage Return: Cmd/Opt/return (Mac) or Alt/Enter (PC))

I had so much I wanted to share, so I use the "thread continuity" combined with stacking. One example is how I included living in the cave (using photos) into my section "Arts and Crafts Un/Learnings" as well as in my Introduction in my list of Un/learnings. I could have written 4000 words on the cave, yet I decided photos and a little detail would give a feeling of what it was like and the types of unlearnings I may have gone through. I made an effort to give a condensed yet broad view of my life using these methods.

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1   2   3   4   5   6

**Your story-telling abilities (sparkly, authentic, moving)\*** Even I was bored

Very engaging, much improved

1   2   3   4   5   6

**Your story-telling abilities (depth of self-knowledge revealed)\*** Cautious, lacking dimension

Transparent, deep

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### Questions about the **PROCESS** of making your L&CR

1   2   3   4   5   6

**Managing time, managing promises** It's supposed to be done already?

Right on time, no hassles

1   2   3   4   5   6

**Engagement with buddies, peers, support team, forums \*** You'd hardly know I was here

I was a proactive, notable, contributing presence

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### Questions about the **CONTEXT** surrounding this episode of OP packeting

1   2   3   4   5   6 \*

**Appreciation of the function of an L&CR within a Gaia U pathway** Not sure why you asked me to do this

Do you evidence a sense of the significance of an L&CR with regard to your **TAUJL pathway?**

This has set me up very well, thanks

1   2   3   4   5   6

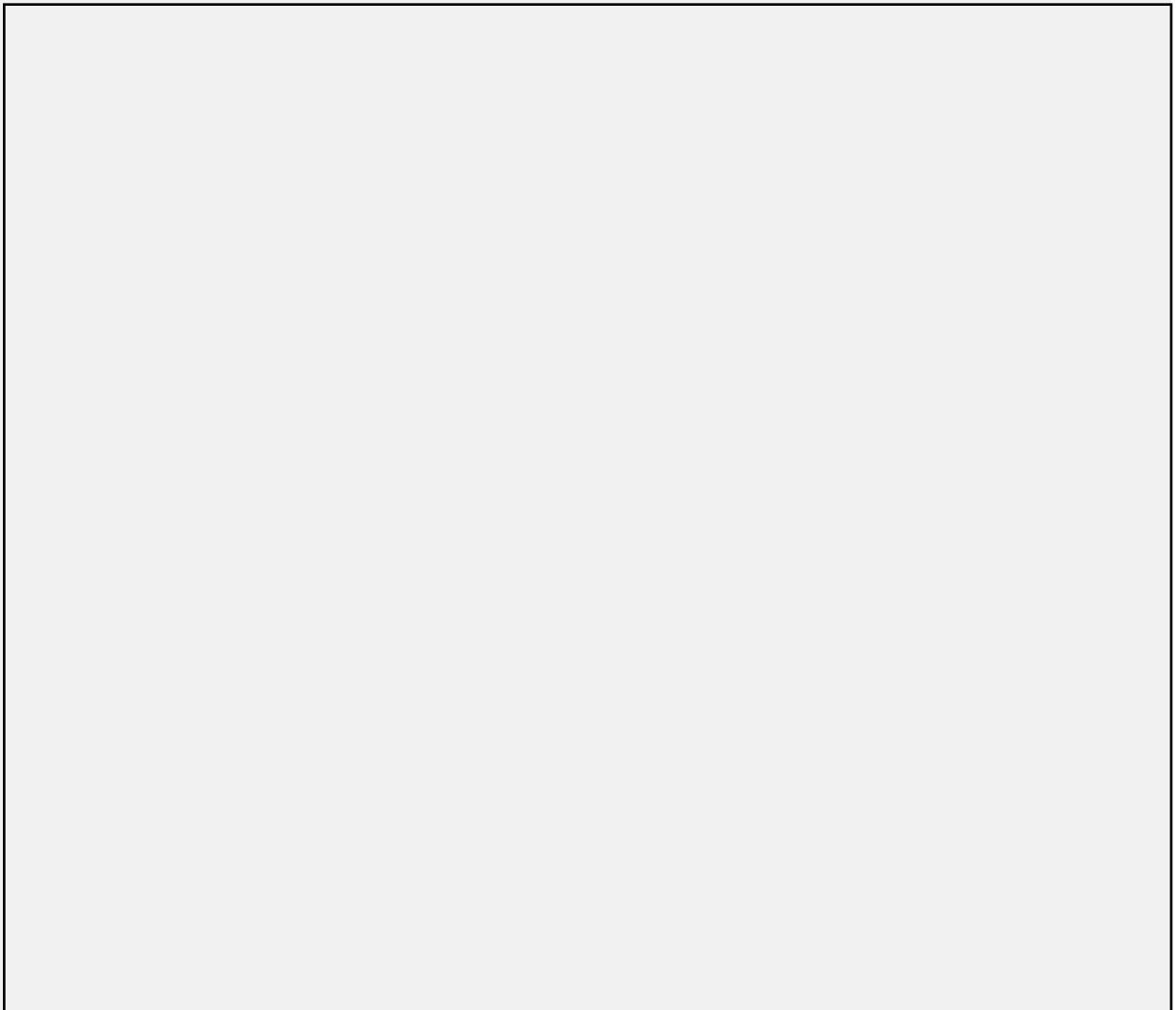
**Confidence around functioning in the Gaia U online context \***

Barely making it

Happy and confident

**A final space for you to add any additional analysis of this experience that is not covered in the questions above**

For example, where did you choose to stretch your edges and where did you draw on well-practiced strategies - did you have a story-telling style in mind and how well did it work for you? (to create paragraphs in the box, you must use a Carriage Return: Cmd/Opt/return (Mac) or Alt/Enter (PC))

A large, empty rectangular box with a thin black border, intended for the user to provide additional analysis of their experience. The box is currently blank.











