

## Peer Review for Life & Career Review (L&CR), 1202.

The sections below are not water tight. That is, each question could be in one section or another. They do reflect what we think is important to consider when evaluating the value of an L&CR and your colleague's performance in handling the assignment.

Required	
Name of associate whose work you are reviewing *	Rex Costello
Your name*	Erik Wells-Hanson
 	<del></del>
Questions around the	YIELDS of the L&CR
L&CR Qualities - Design ar	d Style *
	and style of the pages in this L&CR?
1 2 3	4 5 6
Delighted	Much room for improvement
	nd Style = 2
L&CR Qualities - Navigatio	
How easy is it to navigate arc	ound the L&CR (did you find a Table of Contents, Tabs, etc.)
1 2	3 4 5 6
Absolutely clear	Difficult to get around
	ution = 3
Quality of Reflections (in j	ournal) - Insights into un/learning derived from OP1a *
1 2	3 4 5 6
Incisive, thorough <sup>1</sup>	3 4 5 6 Weak, minimalist
	Your writing conveys a person who has done a lot
	of personal reflection. Not sure to what extent insights
1	vere attained through OP1a? Have not seen journal.
	ournal) - Value of discussion of choices made when deciding
how to do OP1a *	burnar) - Value of discussion of choices made when deciding
1 2	2 4 5
1 2	
Incisive, thorough	Weak, minimalist
	not yet seen journal reflections
Quality of Reflections (in j and the challenges experie	ournal) - Depth of analysis around what went well enced *
1 2 3	4 5 6
Profound	Minimalist
TOTOGITA	riminalist

Open question - what did you especially enjoy about this L&CR and what would you have done differently \* I thoroughly enjoyed your willingness to share you

life experience in such a transparent fashion. Your experiences and embrace them all as

precious in relation to your becoming the soulful and awake individual that you are today. I found some of your experiences to be very parallel to my own. This allowed me the opportunity to reflect once again on my

Sheet1

Sheet2

own awakening as a conscious, intentional and spiritually driven soul. I thought that your delivery as a writer was quite good which shows that you spent some time putting your thoughts together. I have a hard time saying what someone should do differently in this setting. Perhaps, you could have added a table of contents to help with directing the reader to the different periods of growth. I also may have liked to hear more about your experience with Outward Bound. This seemed to be a profound transformational experience that yielded personal growth new awareness and vision for the future. Expansion in this section as well the one dealing with Naropa University (a school that I visited) might have provided some good substance. All in all, I enjoyed learning about you and look forward to getting to know more about Rex and his intentional, passionate journey in this world.