## Programs

### Permaculture

#### 11-Day Intensive Permaculture Design Course

##### Goals. Students will:

###### Learn the ethics, principles and philosophy of permaculture

###### Gain new capacity for system design

###### Deepen relationship with the natural world

###### Attain new awareness of the physical self

###### Demonstrate design skills through a final project

###### Satisfy the requirements of the internationally recognized PDC curriculum and receive a certificate

##### Program

###### Presenters:

Patrick Padden, Joel Glanzberg, Jason Gerhardt, Kelly Simmons

###### Participants will create permaculture designs for Sunrise Ranch

###### Participants will implement one permaculture project at Sunrise Ranch, to be approved by Steve Short

###### Program a prerequisite for Permaculture Work-Study Program

##### Dates: March 28 to April 7

##### Times: 8:45 a.m. to 5:45 p.m.

##### Metrics

###### Individual tuition, commuter and 7-month participants: $950

###### Individual tuition, overnight camping: $1,300

###### Individual tuition, double occupancy: $1,450

###### # of participants: 8

# staying on for Permaculture Residential Work-Study: 5

# of Design Course only participants: 3

###### Total tuition revenue: $7,600

###### Direct costs (includes other permaculture programs): $3,750

###### Net income: $3,850

#### Residential Permaculture Work-Study Program

Seven-month diploma program

##### Goals:

###### Students will:

Learn foundational permaculture principles and practices

Strengthen and develop their work ethic

Develop their team work skills

###### Create and a coordinate a motivated, inspired workforce for Sunrise Ranch that has a sense of being part of a team and community, and that assists in the completion of sustainability projects

##### Prerequisite: Permaculture Design Certificate

##### Program Components:

###### Orientation week

###### Monday morning Transformational Check-in

###### Field trips

###### Social Events

###### Independent Study

###### Garden work

###### Advisor

###### Area of work specialty

##### Metrics

###### Individual registration fee: None

###### Individual monthly stipend: $150

###### # of participants: 5

###### Total income: None

###### Total expenses: $ 700($5,250 in stipends not counted)

###### Net income: ($ 700)

###### Weekly work hours: 32 x 5 = 160

##### Team

###### Patrick, Lead Teacher

###### Stephanie, Administrator

#### Permaculture Design Summer Work-Study Program

A three-month program tailored for college students who want to have an introduction into the field of Permaculture while immersing themselves in garden work and intentional community living.

##### Goals

###### To introduce foundational permaculture principles and practices

###### To give participants an opportunity to strengthen and develop their work ethic

###### To give participants an opportunity to develop their team work skills

###### Create and coordinate a motivated, inspired workforce for Sunrise Ranch that has a sense of being part of a team and community, and that assists in tending the garden, livestock, Camp Sunrise and other areas of work on Sunrise Ranch

###### Create relationships with accredited universities

##### Dates: May 21 to August 10

##### Permaculture Work Party

###### Every Wednesday for three months from May 21 – Aug. 10 except during Camp Sunrise

###### 9:00 am – 5:00 pm

##### Tuition: Even exchange for work offered

##### Work

###### Mornings: the garden

###### Afternoons:

Livestock

Youth programs (Childcare, Farm Field Trips, Camp Sunrise)

Kitchen

Promotion (markets, tours, booths)

###### One dish shift / week

###### Total work hours / week: 40 to 45

##### Work supervision

###### By department managers with regular review by Patrick and Stephanie

###### Six week review of job performance; strengths and weaknesses

##### Housing

###### Camping – Each participant to provide their own camping equipment

###### Teepee – Each participant to provide their own Teepee

##### Metrics

###### 5 participants

###### Even trade, work for instruction, room & board

###### Cost: $1,000 for guest speakers, supplies, T-shirts, books & manuals, certificates

#### Garden

##### Goal: Supply the kitchen with locally grown natural vegetables

##### Metrics

###### Value of produce: $25,000

###### Direct costs: $5000

##### Team

###### Susannah, Lead (20 hours / week)

###### Patrick Padden, Assistant (4 hour / week)

###### Permaculture Interns

### Youth Programs

#### Farm Field Trips

Students from elementary through high school come to our farm for an educational farm tour, learning about our gardens and livestock, and permaculture. Hands on activities provided, program tailored to integrate with the teacher’s curriculum. Students can stay for lunch for additional fee.

##### Goals

###### Educate youth and the local community on earth stewardship, sustainable agriculture, food and nutrition

###### Promote Camp Sunrise

###### Promote Sunrise Ranch

##### Metrics

###### Cost: minimal

###### Total trips: 4

###### Average students per trip: 50

###### Average price: $4

###### Average income: $200

###### Total income: $800

###### Scholarships: $200

###### Net income: $600

###### Total hours: 52

##### Team

###### Stephanie Powers, Lead

#### Camp Sunrise – Overnight

An overnight summer camp for children ages 8-17 which gives them the opportunity to experience their joy, creativity and unique gifts in a positive, safe and nourishing environment. Campers connect with each other and with the natural world around them through fun activities including: Overnight camping in tents, Hiking in the foothills of the Rockies, Gardening, farming and permaculture, Performing arts; culminating in a talent show, Team-building games and sports, Swimming and water play, Arts and crafts, Campfire and stargazing

##### Goals

###### Educate youth and the local community on earth stewardship, sustainable agriculture, food and nutrition

###### Provide an opportunity for youth to get more in touch with the natural world

###### Foster team building and leadership skills

##### Dates

###### Session I: June 25 – 29

###### Session II: July 9 – 13

##### Ages

###### Participants: 8 – 13

###### Counselors-in-Training: 14 – 17

##### Counselor training

June 21 – 24

Led by Stephanie

##### Metrics

###### Total # of participants: 25

###### # of CITs for each session: 4

###### Individual participant fee: $400

###### Individual CIT fee: $200

###### Total revenue: $10,800

###### Scholarships: $2000

###### Direct costs: $3,700

###### Net Income: $5900

##### Team

###### Stephanie, Director

###### Patrick, Program Coordinator

###### Four counselors

#### Camp Sunrise – Day Camp

A summer day camp for children ages 4-7 which gives them the opportunity to experience their joy, creativity and unique gifts in a positive, safe and nourishing environment. Campers connect with each other and with the natural world around them through fun activities including: Hiking in the foothills of the Rockies, Gardening, farming and permaculture, performing arts, team-building games and sports, swimming and water play, arts and crafts.

##### Goals

###### Educate youth and the local community on earth stewardship, sustainable agriculture, food and nutrition

###### Provide an opportunity for youth to get more in touch with the natural world

###### Foster team building and leadership skills

##### Dates: July 2, 3, 5, 6

##### Ages

###### Participants: 4 – 7

##### Metrics

###### # of participants: 10

###### Individual participant fee: $55 per day / $200 for entire program

###### Fees include sack lunch

###### Total revenue: $2,000

###### Direct costs: $1,000

###### Scholarships: $200

###### Net Income: $800

##### Team

###### Stephanie, Director

###### Patrick, Program Coordinator

###### 3 counselors

#### Promotion

Market farm and youth programs at markets, fairs, festivals, through our current email lists, and low-cost print ads

##### Goals

###### Increase awareness about our programs

###### Increase revenue for our programs

##### Average weekly hours:2-4hrs/wk. Jan. through June

##### Team

###### Patrick, Program Director

###### Stephanie, Marketing Coordinator

###### Rachel Morrison, Communications Department

#### Fundraising

##### Goal: Increase funding to support Youth Programs

##### Average weekly hours: 4hrs/wk. May 1- June 8

##### Activities

###### Variety show

Date: June 3

Net income: $1300

##### Team

###### Patrick, Program Director

###### Stephanie, Program Fundraising Coordinator

###### Alan Forrest, Sunrise Ranch Fundraising Specialist